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media release

US Food as Medicine guru talks on Monday

Next Monday 11th March Jerry Brunetti will speak on the Gold Coast.

The scientist and former cancer patient has turned the US medical establishment on its head. His maverick talks are attended across the globe by medical professionals, farmers, scientists and every type of healer imaginable.

Thirteen years after being diagnosed with Stage 3 Non-Hodgkin's lymphoma and being given six months to live, Jerry is still in remission. Over many years he researched the connection between cells, nutrition and biology, subsequently developing a diet which successfully treated and detoxified his immune system.

"Epigenetics, or the study of how environment dictates gene expression, has moved front and centre in trying to understand the prevalence of chronic disease" said Jerry Brunetti. "Gene expression is both inheritable and reversible and diet and environmental contaminants are major components of our "environment", along with the social fabric we reside in. Cancer is not an accident, a product from ageing alone, or "bad" genes, but a body-ecology meltdown based upon multiple insults or deprivations".

From 5pm On March 11th The Sanctuary Byron Bay will host an informal *Meet and Greet* at Robina on the Gold Coast, sharing a selection of nourishing organic foods. From 7 – 9pm Mr Brunetti will give an insightful and inspiring talk.

"Nutrition is at the heart of physical and mental wellness" outlined Michael Goldberg, Founder and Director of The Sanctuary Byron Bay. The Sanctuary treats addiction and its associated conditions including depression, anxiety and eating disorders. Their own organic farm supplies food which is then crafted by each client's personal Chef (MasterChef contestant Luke Southwood worked with The Sanctuary for many years).

"Jerry slices through rhetoric and dogma to deliver the simple facts of how we can farm and feed sustainably and consciously" said Michael Goldberg. "It's not spiritual, it's not alternate, it's simply simple. I felt it was important to share his knowledge with Australian practitioners".

Jerry has produced dozens of CD/DVD recordings including *Food As Medicine* and *Diet, The Immune System and Cancer*. His lectures cover topics as diverse as the connection between farming methods and cells of the body, raw foods, how enzymes affect human, animal and soil fertility and the importance of vitamin D.

To enquire about attending this free event, which is aimed at health professionals, cancer patients and their families, please contact Jessica Ferruccio on 02 6639 8888 or jess@sanctuarybb.com

**For further information including interviews and images please contact Caroline Desmond
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